



South Orlando Soccer Club

The U7 Division

ALL GAMES will be played 4 -vs- 4

These players will all be 5, 6 or 7 years old.

All players must have shin guards on during the game.

They will use a size three ball.

Their field will be 20 yards by 30 yards.

There will be no goalie, team can play with a stopper.

The coaches will take turns being the ref. One coach the first half and the other the second half.

All goals are celebrated, but not counted, we will not keep scores.

There is no winner or loser.

The goals will be 4 feet by six feet.

Four players on the field at a time per team with a roster of 8 to 10 players.

Teams may be coed.

Each player should play 50% of the time.

Games will consist of four 8 minute quarters.

Kick off will start the first and second half with the teams alternating kick offs.

For all kick offs, throw ins, free kicks, etc., the opposing team must give a 5 yard distance off the ball.

There will be no off sides rule.

No direct kicks will be awarded, only indirect kicks for major fouls and goal kicks.

There will be no red cards.

Throw-ins will be used.

Corner kicks will be awarded.

All infractions will be explained to the player.

Trophies will be awarded to all players at the end of the season.